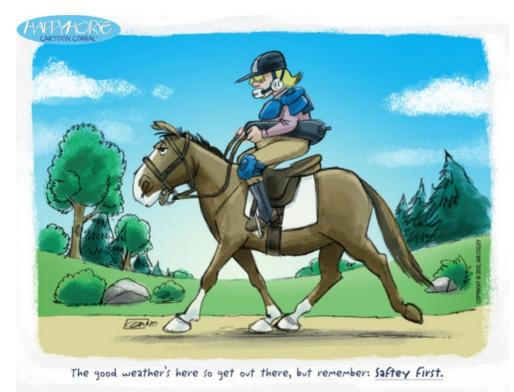
May 2018



THE COLLECTION

The Monthly Newsletter of the Iowa Dressage and Combined Training Association

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IaDCTA Board & Committee Information

BOARD MEMBERS PRESIDENT Robin Sprafka rasprafka@gmail.com VICE PRESIDENT Amanda Towery amandatranquillo@yahoo.com SECRETARY Britni Taylor Taylor.britni@gmail.com TREASURER Nena Denman nkdenman@gmail.com

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EDUCATION PJ Koehler Robin Sprafka VOLUNTEER Britni Taylor Julie Moore MEMBERSHIP Nena Denman FUNDRAISING Sabrina Wright Amanda Towery Amy Stoneking Britni Taylor Barb Zukowski NOMINATING PJ Koehler (chair) Robin Sprafka Britni Taylor Amy Stoneking Amanda Towery Nena Denman Barb Zukowski PUBLICITY/COMMUNICATIONS Robin Sprafka Katie Barrowcliff

SHOW PJ Koehler Carmen Pierce AWARDS Amy Stoneking Amanda Towery Sabrina Wright Britni Taylor Barb Zukowski **EVENTING LIAISON** Amanda Towery YOUTH LIAISON Camryn Norton WEBSITE MANAGER **Rick Hildreth** middleriverranch@aol.com **COLLECTION EDITOR** Katie Barrowcliff collectioneditor@hotmail.com

If you want to get involved in a committee, please contact one of the members listed!

PUBLISHING RATES for Clinics, Show Bills, & other ANNOUNCEMENTS

ANNOUNCEMENTS include clinics and shows. Member rates apply to clinics and shows sponsored by an individual IaDCTA member. Nonmember rates apply to clinics and shows sponsored by groups other than the IaDCTA.

CHANGE OF HAND is our classified advertising section. Each item is limited to a maximum of 20 words per month and each member is limited to 2 items per month.

CALENDAR OF EVENTS is our listing of local and regional events. It includes only the event name, date and contact information.

MARKETPLACE is our advertising for professionals and facilities. Submit any size listing for inclusion for the same rates as above. Ad placement will depend on size. A discount of \$10.00 per month applies to full page ads running for 6 consecutive months. Send all materials and announcements to:

 Members
 Nonmembers

Email: collectioneditor@hotmail.com	Full Page	\$30.00	\$45.00
	Half Page	\$25.00	\$35.00
Mail: Katie Barrowcliff, 1330 44th St. Unit A, Marion, IA 52302	Quarter Page	\$10.00	\$25.00
Please send payment for any submissions to Katie at the above address.	Business Card	\$7.00	\$15.00
	Change of Hand	Free	\$5.00
Materials are due by the 25th of each month and will not be printed until payment is	Calendar of Events	Free	\$5.00
received.	Marketplace	\$30.00	\$30.00
	E-mail Blast	\$10.00	\$10.00

The following forms can be found on the IaDCTA website (www.iadcta.org):

- * Show Recognition Contract
 - * Membership Form
- * Betsy Coester Guidelines and Application
 - * Year-End Award Guidelines
 - * Sponsorship Form
 - * Meeting Minutes

laDCTA is a USDF Group Member Organization (GMO), and all members are automatically USDF Group Members (GMs). For USDF Participating Membership, members must apply directly to USDF. We're Online: www.iadcta.org or visit our Facebook



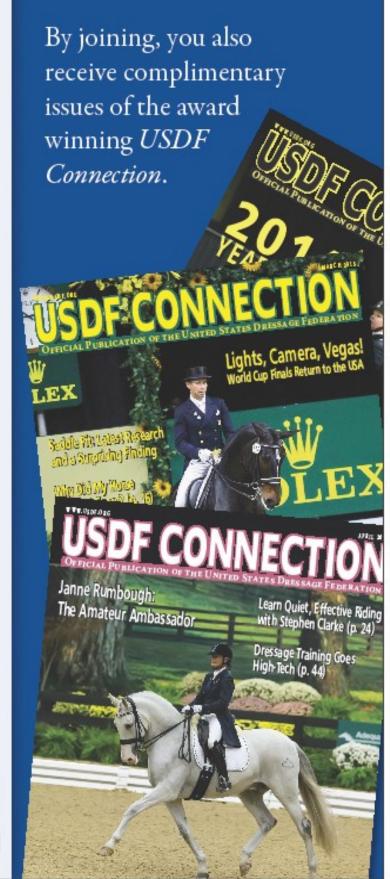
Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
		Happy May Day!				
6	7	8	9	10	11	12
13 Mother's Day	14	15	16	17	18	19
20	21	22	23	24	25	26 Bara Trac I, Mason City, IA; Barry Fript Cilnic Middle River Ranch
27 Bara Trac I Too, Mason City, IA; Barry Fript Clinic, Middle River Ranch	28 Memorial Day	29	30	31		

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Mon	Tue	Wed	Thu	Fri	Sat
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4	5	6	7	8	9
11	12	13	14	15	16
18	19	20	21	22	23
25	26	27	28	29	30
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Become a member today and stay connected with your local dressage community!





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IMPORTANT CHANGES FOR

THE 2018 IaDCTA

SHOW YEAR

The Board has made the following changes to show requirements beginning immediately.

- 1. There will no longer be a show recognition fee for stables wanting to participate in yearend awards. Those stables wanting to advertise upcoming events and shows are welcome to send flyers/information to Rick Hildreth at IaDCTA@aol.com. He will post info on the webpage and FB, ensuring members are made aware of all educational, show and riding opportunities.
- 2. Individuals showing will be responsible for maintaining and presenting their top three scores by December 1, of that show year. The IaDCTA Board will no longer be tracking points for year-end awards.
- 3. Test copies for year-end submissions may be mailed or emailed and must reflect the entire test, including the venue and Judge's name. Check the webpage for mailing/emailing addresses.
- 4. Top three scores must be obtained by participating in at least three separate shows by two different Judges.
- 5. Qualifying judges must be ranked "L" or above.
- 6. All shows must be held in the state of Iowa.
- 7. The Board has instituted a new sponsorship program to assist in acquiring year-end prizes. Member Stables, Farms and Businesses are encouraged to donate \$75.00 to this fund. Recognition will be given to patrons in the form of one (1) free meal for the year-end banquet, company information/add in The Collection (info must be provided by donor) and a specific level Championship awarded by them.
- 8. In addition to year-end prizes awarded in the past, the Board has agreed to extend prizes to Reserve Champions this year.
- 9. Seven (7) hours of volunteer time is still required to qualify for year-end awards. Volunteer hours must be submitted by <u>December 1st</u> of that show year. Hours will be tendered by each individual volunteer and will be administered on the "Honor System". Family members may gift volunteer hours to other family members.

Changes to Qualifying Rides

- 1. Individuals riding for year-end awards at INTRO LEVEL must ride at least three (3), level C tests to qualify.
- 2. Individuals riding at all other levels will be required to ride at least three tests of that level with only one from the highest test at the level.



For the young and/or inexperienced riders/horses

The IaDCTA voted to add a Walk-Trot class to the yearend awards!

The tests used for this class will be Intro. A and Intro. B classes. Any rider/horse combination wanting to be eligible for the award will be allowed to ride only the two classes offered. Rider must submit their three rides from two separate judges to qualify for yearend awards by November 1st of that year. If a competitor chooses to ride the Intro. Level C class, they will automatically not be entitled to qualify for the Walk-Trot yearend award. However, they may be qualified to compete for the regular Intro. A, B, & C levels by riding three classes for two different judges with one ride at the highest the Intro. Level (Intro. C) to qualify.

This applies to yearend awards only. It does not apply to individual shows.

A Word from a Member. . .

"Riding with Dolly Hannon was such an amazing experience!! Seriously. Within the first minute of entering the arena, we dove right into Western Dressage vs. open Dressage. Ms. Hannon asked engaging questions, related everything back to the training scale in easy to understand explanations, and had numerous suggestions for Brandy's and my homework. It's impossible to pick a favorite take away from today, but I love the idea of thinking of riding Brandy (hot, sensitive, intelligent, dominant, type A personality of a horse) as an opportunity for her to meditate.

We finally found her Western jog! (Within 2 minutes, I swear!) And because we made the jog better, her lope was better!

I truly hope Ms. Hannon comes back to Iowa, because I have so much more I want to learn from her!

For those in the IaDCTA– today would have been a great opportunity to learn from an amazing person! She has so many takeaway tidbits. Let's be real. What makes your cross country and jumping better? Your flat work!

Ms. Hannon will be at Middle River Ranch tomorrow. Please go audit! Regardless of your experience level, you will walk away with several bits of information and feeling empowered.

Thank you to Middle River Ranch for hosting, Dolly Hannon for teaching, and to all the participants.

Last but not least- the people of Middle River Ranch are some of the nicest people I have ever been around. It's one of the most welcoming facilities and comfortable learning environments I have ever been in. If you've been wanting to join in but not feeling confident (hello- that's me!!), this is the place to jump into shows and clinics! Robin, Rick, and their boarders will welcome you right on in and cheer you on!"

~ Kylie Gudenkauf

How the best riders motivate themselves

Want to improve your riding skills? Follow these 7 guidelines to become your own best coach.

> AUTHOR: JANET L. JONES, PHD SEP 15, 2015

People ride for many reasons----it's fun, it's good exercise, it builds mastery and confidence, it offers time with human and horse friends. Usually, these incentives are enough to foster improvement. But all of us tire of drilling a particular skill.

We know we should post without stirrups for 15 minutes, but, aww... maybe tomorrow?



So how can you inspire yourself to follow goals over the long term? Cognitive science offers many techniques of fostering passion for a sport, each tested for real-world effectiveness. You can find a trainer who uses these evidence-based techniques, or you can learn them yourself and become your own best motivator.

1. Take responsibility for success—and failure

Motivation comes in two basic forms: extrinsic and intrinsic. Extrinsic motivation is supplied by rewards----prizes, cash, jobs, praise, salaries, attention----that other people provide. Rewards fuel our interest in today's goals, but they don't do much for next week. They also undermine the long-term drive for improvement that is critical for outstanding performance.

By contrast, intrinsic motivation is a feeling from inside that we want to progress for the sake of our own well-being. This inner drive encourages us to master skills through hard work, set and achieve goals, overcome tough moments, and focus on personal growth. These are good traits to develop no matter what we do in life, on horseback or off.

Intrinsic motivation is often seen as an inborn trait, one that some people have and others don't. When you see an impassioned rider working at her craft day after day, you might assume that she came out of the womb with a burning desire to achieve. And to some extent it is true that mental impulsion varies with personality and genetics. But for every rare equestrian whose passion is a force of nature, there are hundreds of thousands who grow their own zeal. Drive is stimulated or stifled through daily experiences—the way others respond to our successes and failures, the guidance our trainers offer during lessons, our approach to solving problems, and internal beliefs about our own competence. These factors make the difference between the rider who challenges herself at every turn and the saddle potato who only daydreams about being an Olympic contender.

How can you offer yourself the kind of feedback that sparks inner motivation? One way is to encourage the sense that you control your outcomes. If you can get a jittery retired racehorse to plod across a wooden bridge, recognize that you did something to cause that outcome. It didn't happen because you wished hard, or because you were lucky, or because the horse suddenly changed her mind about loud, hollow footing. It happened because of you. And if you think of it in that way, your inner motivation will increase.

2. Focus on factors you can control

People function best when they have a sense of personal control over their lives, even if that sense is partly illusion. Add half a ton of potential equine panic to the mix, and the need for control becomes even more important. The first step to building control of performance is to take responsibility for it. Begin by considering the factors to which you attribute success and failure.

Suppose you win a jumper class. Why did you win? Was it because your competitors were slow on the final gallop? Because their horses slipped exiting the double combination? Because your horse's sire passed along the ability to jump practically anything in front of him regardless of the approach? These are external factors over which you have no control. Pondering them—even if they played a role—is a good way to dishearten yourself.

Instead, focus on factors that you can control. You won because you practice tight turns and slingshot impulsion. Because you keep your horse fit with daily exercise, top veterinary care and good nutrition. Because you create performance strategies based on your strengths. Because you face your weaknesses and implement long-term solutions to overcome them.

Controlling attribution that explains failure is equally important. Imagine you finished the class with the slowest time and the largest number of jumping faults. Why were you slow and sloppy? The rider who relies on external attribution will point to imperfect weather, poor footing, a flawed instructor, a sluggish horse. Some people go so far as to claim they are jinxed, as if bad things happen only to them. Those who believe that these factors thwart their performance have surrendered their control.

The rider who uses internal attribution seeks very different reasons for failure. Maybe he didn't prepare well, blew off his gym program, partied too hard the night before the class, or allowed nerves to get the best of him. These internal factors can be changed. External factors depend too much on others---we end up wishing that strong

competitors might move away, the perfect trainer will take us on as a client, the show fairy might touch us with her magic wand. But while we're waiting for those pipe dreams to come true, we're not developing skills or improving the horse.

To raise inner motivation, the best athletes retrain their attributions, focusing on those they can control. The more control you have over your horsemanship, the more success you enjoy; the more success you have interacting with horses, the more competence you build; and with greater competence comes added control.

3. Recognize your own competence

An important force in performance is "self-efficacy," a fancy phrase with a simple meaning—-your perception of your own competence. Self-efficacy is especially powerful in women, accounting for as much as 25 percent of the variance in their inner drive for sport success. That's significant in an area like mental motivation where so many different factors play a role.

Riders who don't believe they are competent often use erratic problem-solving strategies, slack off at the first sign of trouble, and avoid challenges. They tend to cave in to stress, giving up rather than pushing on. Why bother working hard at a problem when you feel you don't have the ability to solve it?

Riders who believe they are competent persist long after others stop. They believe they can achieve a goal, so they treat problems as incentives. This kind of grit requires the mindset that Winston Churchill referred to when he said, "Success is walking from failure to failure with no loss of enthusiasm." Hard to do, but very important.

The athlete in other sports has to work every day for many years to achieve independent skill. The equestrian never has the luxury of total independence—he has to rely on his horse as well as himself. All other factors held equal, it will take a horse-and-rider pair much longer to develop the same degree of skill. Tenacity is vital.

4. Set challenging but reachable goals

To boost self-efficacy, a good coach selects tasks just barely beyond the rider's level so that meaningful success is experienced frequently. If you're jumping advanced courses, posting around the arena once without irons is not a meaningful goal. You'll succeed, but so what? Jumping a quadruple bounce without irons or reins is more likely to spur your enthusiasm. But the same task would scare the pants off a novice rider and risk her welfare to boot. So task selection is foremost in building self-efficacy.

Having selected the right task, consider its frequency. Small daily successes are more motivating than a big win. Triumphs are exhilarating but don't happen often enough--they're too far apart to remember after the glow fades. In addition, big challenges on horseback set us up for big failures, endangering our horses in the process. You know that cliché, "Go big or go home"? Not in horse sports.

In setting goals, consider potential obstacles that will hinder you. Plan for them in advance. What are your horse's weaknesses? What are your own? How can you address them, and what will you do when (not if) they occur during performance? Planning will help you deal with setbacks as they pop up---and they always do.

5. Learn from the accomplishments of others

We can also expand self-efficacy and stoke inner motivation by observing peers accomplishing goals similar to our own. Nowadays, a good number of novice riders are in their 50s or 60s. Watching a teenager hop her first fence doesn't have much effect on their willingness to believe they could learn to do the same thing. Seeing a friend their age learn to jump---or trail ride, barrel race, leg yield, rope calves, whatever---is much more inspiring.

Group lessons offer excellent chances to observe peers meeting their goals. The secret is to be sure that all parties sustain one another. A supportive group cheers your success and consoles you when you fail. They offer advice when you ask for it and keep mum when you don't. The best trainers head off negative attitudes within the group by dissuading gossip and helping all members of the barn to encourage each other.

Mirror neurons in the brain are responsible for the benefits of goal observation. They become active when we carry out a motor skill and when we watch others perform that skill. In other words, when you hop a cross pole, certain neurons fire to allow your muscles to execute that action. No surprise there. But when you watch a friend hop that cross pole, the same mirror neurons fire inside your brain. They don't distinguish between your action and your friend's. With adequate balance, strength and muscle coordination, this means we can train motor neurons by watching as well as doing.

6. Be positive when speaking to yourself

Inner speech has a strong effect on mental motivation. When you talk to yourself, the neurons representing those words fire just as they do when someone else says them to you. And every time they fire, they reinforce a physical connection that allows the concept to come easier the next time. So when you make a rookie mistake in the arena and mutter "loser" to yourself, you're damaging your own self-efficacy. Instead, use inner speech to give your brain a leg up: Reinforce the ideas of confidence, competence and mastery ... not fatigue, doubt or blame.

Even the order of words in inner speech affects motivation. Silent words in the form of brief questions or challenges are more inspiring than silent words in the form of sentences. Motivation is improved by asking yourself "Will I sit tall?" instead of stating "I will sit tall" while riding through problems on a horse. Curl up into the fetal position, add some negative inner statements, and you're more likely to hit the dirt. Suppose your cutting horse spins out from under you one bright happy morning, and suddenly you're sitting in a cowpie. What do you say to yourself? "Oh, no, everyone can see what a bad rider I am"? That kind of talk destroys self-efficacy. How about, "That dam horse bucked me off"? No, you fell.

Instead, just get back on the horse and talk to yourself like a motivating trainer would: "OK, can you ride more on your seat bones, pull your center of gravity way down, and relax your hip joints so they rotate when the horse turns?" This kind of language implies self-responsibility, internal attribution and personal control over the next outcome. It's specific, positive and goal-driven.

To beef up belief in your own competence, avoid self-deprecation as a form of humor. We all joke around now and then about our imperfections, sometimes to make friends or soften the effect of our skills on tender egos. And there's nothing wrong with laughter around the ranch. But if you disparage yourself often, please reconsider. Those words chew at your self-efficacy one small bite at a time. Instead, share your success cheerfully with people who appreciate it, and delight in theirs as often as you can.

7. Adopt the right measures for success

The next step in rousing inner drive is to study your orientation toward performance. Many people are outcome-oriented, interested more in the product of their work than the process. They tend to assess their skills by social comparison. Am I a better rider than my peers are? Can I perform tasks on horseback that they can't perform?

Outcome-oriented athletes often fall into two categories: They seek success or avoid failure. Success seekers challenge themselves relative to the field of near-by riders. They figure out where the bar is set, then apply just enough effort to show superiority. They often attribute failure externally and build skill only for as long as they believe they can remain on top. When a better rider comes along, they avoid risky learning opportunities in an effort to retain status. Success seekers evade damage to their egos,

and the best way to do that is to do less. Met with setbacks, they tend to jump ship and blame their peers for the splash.

Failure avoiders concentrate on social comparison, too, but they don't really believe in their own ability. They often set goals that are either much too easy or far too difficult. An easy goal leads to an easy victory, allowing failure avoiders to display success to their peers. Wow, look at me, I turned left! A very difficult goal relieves shame if they don't succeed. Darn, I couldn't get the pony to leap the five-foot wall; well, no worries, no one could. Rarely does the failure avoider select a moderate task that builds skill and motivation. Failure avoiders respond to setbacks by conceding early and often.

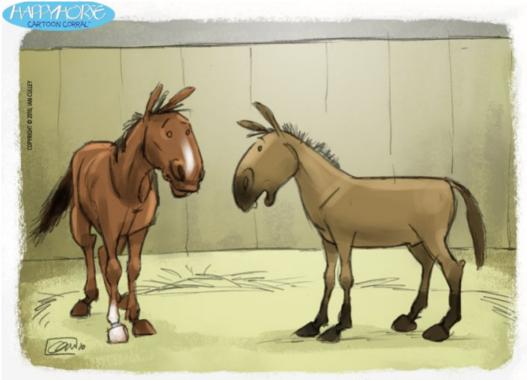
Because they're focused on others, outcome-oriented athletes usually have intense social anxiety. Anytime you assess your performance using someone else as your measuring stick, tension builds. Suddenly, the power to control an outcome is not within us---instead, it rests with other people. And they may not have our best interests at heart.

To kindle intrinsic motivation, shift your performance orientation away from outcome and toward mastery. Mastery-oriented athletes love the process of skill development for its own sake. Work on a skill set for a month. Are you better at it than you were before? Then you've succeeded! Whether the rider down the barn aisle does the same skill better or worse than you do is irrelevant. By focusing on your own improvement, you teach yourself to create competence.

Mastery-oriented equestrians---regardless of skill level---value learning and progress. They choose moderately challenging tasks, regardless of whether such tasks cause public mistakes. They work long and hard with singular focus, applying effort to a problem for months at a time. They respond to setbacks with increased effort, and they know that failure is caused by factors under their own control. They do not give up on themselves or their horses. If you want to ignite your passion for riding well, develop inner motivation instead of seeking rewards. Identify factors over which you have control. Seek internal attributions for success and failure, rejecting the easier path of external attribution. Build self-efficacy by setting moderate goals that allow small but frequent victories. Reinforce yourself with inner speech that is positive and helpful. Refuse to give up entirely, but learn when to change tactics, call for a trainer's help, or give the horse a break and try again tomorrow. Focus on personal mastery rather than social comparison. How others ride just isn't that important—how you ride is.

Soon you'll find yourself bounding out to the barn, impelled from within by the satisfaction of learning. Go ahead, drop those irons for 15 minutes. You'll feel better for it all day long.

This article first appeared in EQUUS issue #456, September 2015.



I either want to be a racehorse, or a astronaut. I'm not sure yet.

CONGRATULATIONS



Rhiannon Dudley-Lucas

And

Bnilt to Win

(Thunderello x Scoutingforastar) Bred by Windmill Manor Farms, Inc.

For their **57H PLACE** finish in the

USEF's Silver Stirrup Award

At Second Level Dressage

In Zone 6

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ALL I NEED TO KNOW I LEARNED FROM A HORSE

Whinnying is everything. Don't stirrup trouble. Manure happens. A foal and his mommy are soon parted. The bucking stops here. Show unbridled enthusiasm. Just say, "Neigh". Keep your shoes on. Lead, follow, or stay in the barn. Some are born to greatness, others have greatness thrushed upon them. If at first you don't succeed, shy, shy again. Take everything with a lick of salt. Save your ponies for a rainy day. Jump each fence as you come to it. It's important to be well groomed. Horsiness is next to godliness. Hold your horses. A borse in the barn is worth two in the field.

Members and Horse Nominations 2018 Updated 3/27/2018 *Rookie- First year of IaDCTA or USDF GMO membership

Junior Member

Numbers are supplied to the best of current knowledge

Discipline Designations - D (Dressage) E (Eventing) WD (Western Dressage)

Member	IaDCTA #	USDF #	Horse Nomination	Discipli
				ne
12/01/17 Rhea Allen	10411	201898		
12/16/17 Linda Anderson	10476	153204		
12/01/17 Melinda Antisdel	10189	43022		
01/02/18 Katie Barrowcliff	10338	179287		
03/03/18 Kathryn Butterfield #*			03/03/18 Buck	D
12/01/17 Mary Curran	10108	17057		
12/01/17 Nena Denman	10111	7624		
12/01/17 Lauren Doty #	10496	215746		
12/01/17 Mala Erickson	10413	167003	12/01/17 Trusted	D
01/04/18 Mandy Fales-Williams	10497	193849	01/04/18 Huckleberry Finn	D
12/01/17 Carmela Feldman	10325	177741	12/01/17 Chesed Celeste	D
12/01/17 Leonard Foley	10167	family		
12/01/17 Molly Foley	10168	family	12/01/17 Athaena*M*	D
12/01/17 Patricia Foley	10169	12072	12/01/17 Athaena *M*	D
01/13/18 Amber Garthwaite		10473		
12/01/17 Sharon Greif	10480	190138	12/01/17 Raja Mazarado	D
03/02/18 Kylie Gudenkauf *	10520			
12/01/17 Mary Hanson	10484	161944		
12/26/17 Katherine Hawley *#	10515			
12/11/17 Jane Heck	10258	164175	12/11/17 Darius	D
12/01/17 Richard Hildreth	10468	family		
12/01/17 Michele Kalsem	10487	42849		
03/03/18 Kelly Kaut	10478			
03/03/18 Krista Kehoe *	10518			
01/20/18 PJ Koehler	10176	Family		
01/20/18 Tom Koehler	10177			
03/03/18 Elizabeth Kraayenbrink	10471			
12/01/17 Julie Kuhle	10130	43616		
03/03/18 David Law	10519			
01/29/18 Carol Linnan	10131		03/03/18 Gunther	D
01/29/18 Maleah McGrew #	10509			
12/11/17 Paula Meyer	10135	45060	12/11/17 Bravissimo	D
			12/11/17 Rhoyal Bugatti	D

03/27/18 Tara Miller *	10521			
03/14/18 Julie Moore				
03/20/18 Katie Mulbrook #			03/20 18 Dennia	D
03/03/18 Camryn Norton #			03/03/18 Coyotes Royal Gal	WD
			03/03/18 Coyotes Royal Gal	D
03/03/18 Lyndon Norton #			03/03 18 Coyotes Royal Gal	D
			03/03 18 Coyotes Royal Gal	WD
12/01/17 Tracy O'Dell	10437	73994		
12/11/17 Ashley Paul •	10513		12/11/17 Graystone	D
12/01/17 Lois Pienkos	10430	26700		
12/01/17 Carmen Pierce *	10485	214562		
03/03/18 Deb Pulver				
03/14/18 Autumn Rathgens #	10464		03/14/18 Stage Skips Encore	D
12/01/17 Catherine Ross-Garron	10422	206061	12/01/17 Ghiradelli	D
12/01/17 Chloe Speck *#	10512			
12/01/17 Robin Sprafka	10467	120147		
01/28/18 Carie Steinkamp			01/28/18 Tempo Five	D
12/20/17 Robyn Scanlon *	10514		02/07/18 ?	
12/05/17 Camie Stockhausen	10154	30347		
01/28/18 Emily Stout				
01/29/18 Sally Tracy	10494			
03/03 18 Robyn Scanlon	10517			
03/03 18 Sherrill Scott				
03/03 18 Amy Stoneking				
01/05/18 Heather Swinarski	10439	102379		
12/01/17 Tamara Swor *	10474	67335		
01/24/18 Britni Taylor	10457	210200	01/24/18 Italian Monarch	D
12/15/17 Amanda Towery	10451	204621		
12/01/17 Derith Vogt	10309	114270	12/15/17 Helen Poco Bueno	D
			12/15/17 Lucina	D
01/24/18 Katherine Wilson	10252	119684	01/24/18 Walmondo OSF	D
			01/24/18 Baymax	D
01/13/18 Meredith Watters	10161	8878		
01/04/18 Laurel Williams #	10498	193848	01/04/18 Huckleberry Finn	D
			01/04/18 Huckleberry Finn	E
12/01/17 Barbara Zukowski	10166	16104		
	IaDCTA	USDF		





Membership New/Renewal & Horse/Rider Nomination Form

The Iowa Dressage & Combined Training Association (IaDCTA) is a USDF Group Member Organization (GMO). By joining IaDCTA, you become a USDF/GMO Member. USDF Participating Membership requires a separate USDF submission.

The membership and horse nomination year is from December 1 to November 30 of the following year.

Member Information: The member listed below will be the prime USDF/GMO member. Please print clearly.

Name:		Birthdate	
Address (house/street):			
City/state/zip			
Phone:	Email:		

Membership Type:

All Adult, Junior, and Family Memberships of IaDCTA will receive the IaDCTA Collection electronically and the USDF Connection magazine. In addition, members may compete in parts of USDF recognized competitions and are eligible for IaDCTA Year-End Awards. Only members can accrue volunteer hours for Year End Awards. Family Memberships receive two votes for IaDCTA Elections (By-laws age limits). Please circle one category below. Continue on the back as needed.

Category Fee-	Adult (\$45.00)	Junior (\$35.00)	Family (\$60 Primary + \$10 Each Additional)
Name- Additional fa	amily members		Birthdate(s)

Horse/Rider Nominations: \$15.00 per Horse/Rider/Discipline Combination Horses may be nominated multiple times for different disciplines. Please see guidelines posted in the IaDCTA Handbook.

Rider	Horse Name (For points, horse must be shown under the name be	low) Discipline (Circle one)
		_ Dressage/Eventing/ Western Dressage
		Dressage/Eventing/ Western Dressage
Making a Donation to IADCTA:	IaDCTA is a 501 (c) (3) non-profit organization. All donation	ns are tax-deductible.
Amount:((If applicable) In Memory of/On Behalf of:	
laDCTA Betsy Coester Memo	orial Grant Fund for Education – Fund supports grants for tuition at edu	ucational events.
IaDCTA General Fund – Don	ations used to further IaDCTA's commitment to educating its members	
Checks payable to "laDCTA" Total Due:	Check# Da	ite
Memberships can be mailed to: N	Nena Denman, Upland Farms, 21248 360th Street, Earlham	n, IA 50072-8016
Form updated: Nov. 21, 2017		

Did you know that as a member...

...you have full access to an extensive online database dedicated to dressage education?





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IaDCTA Mission Statement:

To encourage & support interest in dressage & combined training by providing:

- Educational Opportunities
- ♦ Competitions
- ♦ Information
- Acting as liaison with USDF & USEA
- Marketing of all IaDCTA activities throughout the state & region.

In Brief

Letters to the Board-IaDCTA is welcoming its Collection readers to submit any concerns or kudos to collectioneditor@hotmail.com.

Change of Hand— Due to members not notifying editor when items sell, all items will run for two months and then be removed unless member notifies *Collection* editor.

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