



# THE COLLECTION

The Monthly Newsletter of the Iowa Dressage & Combined Training Association

*For Members By Members*

**FEBRUARY 2015**

D&G Photography



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GROUP  
MEMBER  
ORGANIZATION



# ABOUT IADCTA

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**IF YOU WANT TO GET INVOLVED  
IN A COMMITTEE, PLEASE CON-  
TACT ONE OF THE MEMBERS  
LISTED ABOVE!**

#### 2014 BENEFICIARIES

ARL—Equine Division  
Healing Hearts with Horses  
Wildwood Hills Ranch

## THE COLLECTION

PUBLISHING RATES for Clinics, Show Bills &

Other ANNOUNCEMENTS:

	<u>Members</u>	<u>Nonmembers</u>
<b>Full Page</b>	\$30.00	\$45.00
<b>Half Page</b>	\$25.00	\$35.00
<b>Quarter Page</b>	\$10.00	\$25.00
<b>Business Card</b>	\$7.00	\$15.00
<b>Change of Hand</b>	Free	\$5.00
<b>Calendar of Events</b>	Free	\$5.00
<b>Marketplace</b>	\$30.00	\$30.00
<b>E-mail Blast</b>	\$10.00	\$10.00

**ANNOUNCEMENTS** include clinics and shows. Member rates apply to clinics and shows sponsored by an individual IaDCTA member. Nonmember rates apply to clinics and shows sponsored by groups other than the IaDCTA.

**CHANGE OF HAND** is our classified advertising section. Each item is limited to a maximum of 20 words per month and each member is limited to 2 items per month.

**CALENDAR OF EVENTS** is our listing of local and regional events. It includes only the event name, date and contact information.

**MARKETPLACE** is our advertising for professionals and facilities. Submit any size listing for inclusion for the same rates as above. Ad placement will depend on size. A discount of \$10.00 per month applies to full page ads running for 6 consecutive months.

Send all materials and announcements to:

**Email:** collectioneditor@hotmail.com

**Mail:** Katie Barrowcliff, 1330 44th St. Unit A  
Marion, IA 52302

Please send payment for any submissions to:

Chris Gutierrez, Treasurer  
1238 S. Apple Creek Road, Mt. Vernon, IA 52314

***Materials are due by the 25th of each month and will not be printed until payment is received.***

*IaDCTA is a USDF Group Member Organization (GMO), and all members are automatically USDF Group Members (GMs). For USDF Participating Membership, members must apply directly to USDF.*

**We're Online: [www.iadcta.org](http://www.iadcta.org) or visit our Facebook page**



# CALENDAR OF EVENTS

## February 2015

Su	M	Tu	W	Th	Fr	Sa
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28

## March 2015

Su	M	Tu	W	Th	Fr	Sa
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

### SCHOOLING SHOWS:

**June 6, 2015**– Schooling Show, Tamarack Stables, Judge TBD

**July 18, 2015**– Schooling Show, Tamarack Stables, Judge TBD

**August 15, 2015**– Schooling Show, Tamarack Stables, Judge TBD

### RECOGNIZED SHOWS:

**June 13-14, 2015**– Iowa Dressage Classics, MLEC

### CLINCS:

**February 13-16, 2015**– Dressage Clinic, Clinician: Marina Parris Woodhead; contact Tammy Lisi (319-480-2056) for details

**March 20-22, 2015** - Adult Day Camp, IEC, Clinician and judge: Matt McLaughlin

**May 16-17, 2015** - Schooling show and Western Dressage Clinic, Location TBD, Judge: Rebecca O'Bea

**September 5-6, 2015**– Dressage Clinic, Location TBD, Clinician: Dolly Hannon

### EVENTS:

**Next Board Meeting is**

**February 10, 2015**

**6:30 pm**

**at Okoboji Bar and Grill in Newton**

**All Members are Invited and Encouraged to Attend**

## Presidents Corner

State of the club:

When comparing our membership to this time last year... membership is UP!

Adult Day Camp is looking to be a big hit!

We have almost 400 FB likes and growing!

Sponsorship money is already rolling in.

The silent auction at the banquet brought in more than ever for awards, and it was fun to see people post pictures of their ribbons and sheets!

A great start to the year!

We will be looking for some members who want to be involved on committees for 2015. Next month I will post what committees are available and who is heading that committee. Start thinking about what you would like to be involved in and where your talents are.

Feel free to drop me a message via email or give me a call if you have anything positive or negative you would like addressed. Members are always welcome at board meetings.

Happy riding!

Tammy Lisi





## 2015 Road to the Championships

**Recognized by IaDCTA for  
Year-End Awards**

10/25-26/14	IaDCTA Schooling Show	IEC Cedar Rapids, IA
3/22/15	IaDCTA Schooling Show	IEC Cedar Rapids, IA
5/2/15	Fantasy I Dressage Saturday	MLEC Cumming, IA
6/6/15	Dressage at Tamarack I	Anamosa, IA
6/13-14/15	IA Dressage Classic I&II	MLEC, Cumming, IA
6/27-28/15	Maffitt Lake Dressage I&II	MLEC, Cumming, IA
7/11/15	Fantasy III Dressage Saturday	MLEC, Cumming, IA
7/18/15	Dressage at Tamarack II	Anamosa, IA
7/25&26/15	2 Rivers Dressage Classic I&II	MLEC, Cumming, IA
8/15/15	Dressage at Tamarack III	Anamosa, IA
8/22-23/15	Madison County Dressage I&II	MLEC, Cumming, IA
9/19-20/15	CSDEA Dressage Festival	Lake Elmo, MN
9/26-27/15	Fantasy IV Dressage Sat/Sun	MLEC, Cumming, IA





Tammy and Tom Lisi  
4097 County Road X40  
Anamosa, IA 52205  
3190-480-2056

2015 Show Dates:

June 6, July 18, August 15

Judges to be announced

Completely renovated both indoor and outdoor  
arena!

Camping allowed. Limited stabling available.

Jump out always FREE!

## Why Western?

By PJ Koehler

The fact that I am a dressage trainer/instructor currently working out of a mostly western facility has created an interesting dilemma in my world. First of all many of the western horses at Diaman H are used for trail riding and that in itself is a great pastime and creates no dilemmas at all. Secondly the facility owners breed and raise what many consider to be some of the top APHA reining horses in the country. For the last several years reining has been accepted along with dressage and eventing to be an internationally recognized sport so this also creates no dilemmas at all. Third is the big dilemma – the horses being trained for western competition. Often I cringe at the training techniques of tying heads, bucking out, short running martingales, harsh bits and forced impurity in the gaits. Frequently I challenge this and sometimes I even make progress in correcting it. I have complained about the crookedness and related unsoundness to my friend in St. Louis who tells me this is why western has no place in dressage. Really? I say this is exactly why we need western dressage. Many riders in the western world are recognizing these inherent problems in their horses and are seeking more humanity in their training. Training...dressage is the French word for training...this can work...it can fit.

In 2013 the US Equestrian Federation (USEF) recognized the Western Dressage Association of America (WDAA) as their official affiliate for western dressage. The appropriate rules and tests to be utilized are available on the WDAA web site ([www.westerndressageassociation.org](http://www.westerndressageassociation.org)) as well as on the USEF website under WD – Western Dressage. Very similar to the dressage rules the western dressage rules explain everything from goals and objectives, who can participate, the gaits, equipment, movements, collection, impulsion, submission, position and aids, about officials and competition requirements – if you have ever looked at the traditional dressage rule book this should all sound very familiar. There is also similarity in the tests for western dressage. There are levels from introductory (walk and jog) thru level three (collection, half pass, lope halt lope transitions) with four tests at each level, the tests increasing progressively in difficulty, each level with a purpose and each test stating new elements added and again this should sound familiar. There are Freestyle tests from Basic thru Level 3 as well. These rules and test are to be used at rated western dressage competitions and the laDCTA has adopted them for use in our schooling shows. Judges used at western dressage competitions are first USDF/USEF trained then are able to participate in specialized training for western dressage. There is also a National Western Dressage Show to be held in conjunction with the Color Breed Congress in Tulsa, OK beginning in 2014.

While interest and participation in western dressage has been higher in other parts of the nation it has been a bit slow to catch on in our area. There have been inherent objections



Camryn Norton on Winters Rose riding Western Dressage Introductory Level. Photo by Lora Mattson

from many of the traditional dressage participants – riders, trainers, judges all have expressed prejudice against the introduction of western to dressage. It wasn't until the 2013 announcement of the affiliation between the USEF and the WDAA that some of that prejudice began to diminish. Locally IA has still got a long road ahead. In 2014 a few of our local level shows began offering western dressage as a test of choice. At the May MLEC Fantasy show as well as the first few 2014 Tamarack shows only one participant came to each show to try it although during all the first few western dressage tests being ridden a crowd gathered to watch, learn, consider. Here's where it gets really interesting! Part of the success of the 2014 IaDCTA Championship and Schooling Show can be attributed to the 19 western rides (that adds up to about \$400 in entry fees not to mention the additional stabling and office fees collected). Many of those western riders were at their first dressage show and all of them were saying it was GREAT and where could they sign up for more. As of the annual banquet in January of 2015 the club already had 3 new members as a direct result of adding western dressage to our shows.

Folks it is not going to go away...it is going to grow. We can accept, embrace and grow our organization by including western dressage or we can send those riders somewhere else. We can trust that somewhere else will exist as there are already 19 national and 3 international affiliates of the WDAA. While we don't necessarily need to become an affiliate I am thinking that between our much needed income from the entry fees and our need to regrow our organization it would behoove us to be inclusive of this group of riders. In my own business I have had at least one inquiry every month for the last six months around western dressage. The interest is there, the riders are looking for a place to compete, to learn, to improve the training of their horses in a way that is more humane and our group has the ability to provide some of this. I believe we should embrace change and accept western dressage as it has been accepted by our higher organizations and much of the rest of the country. Let's just do it!



Leann Nelson riding Western Dressage Level 3 test on Sweet Femtios. Photo by D&G Photography



# 2014 IaDCTA Year End Award Winners

## CONGRATULATIONS!

☞ Camie Stockhausen – Best Etiquette  
IaDCTA Champion CT Preliminary  
IaDCTA HOY Reserve Champion

☞ Camryn Norton - Pepper  
USDF Reserve Champion JR/YR Rider Training Level

☞ Carmela Feldmann – Chested Celste  
IaDCTA Fifth place AA Rider Training Level  
Silver Rider Medal Training Level

☞ Cecilia McConnell – Gold Jess Cody  
Silver Rider Medal Training Level

☞ Christina Gutierrez – Sheeza Bronze Image  
IaDCTA Fifth place AA Rider Training Level

☞ Connie Avis – Nys  
IaDCTA Champion AA Rider Training Level  
IaDCTA Champion AA Rider First Level



☞ Danielle Baker - Mystique  
IaDCTA Reserve Champion Open Rider Intro Level  
IaDCTA Champion Quadrille  
IaDCTA Fourth Place Open Rider Training Level

☞ Deb Johnson - Colliee  
IaDCTA Champion Quadrille  
Silver Rider Medal Training Level

☞ Eileen Ostlund – Walk with Kings  
USDF Open Rider Training Level Champion  
IaDCTA Open Rider Training Level Reserve Champion

⌘ Ellie Pfannebecker – Marrya King  
USDF Champion JR/YR Rider Intro Level

⌘ Jane Heck - Diamond  
IaDCTA Champion AA Rider Intro Level

⌘ Jody Vanderleest – Diamond Knight I.E.  
USDF Champion AA Rider First Level  
IaDCTA Reserve Champion AA Rider First Level

⌘ Katy Merritt - Sophia  
IaDTCA Third Place AA Rider Training Level  
Gold Rider Medal Training Level  
Silver Rider Medal Training Level

⌘ Kiah Wood – Asset by Sonny  
IaDCTA Champion JR/YR Rider Intro Level  
Silver Rider Medal Introductory Level

⌘ Linda Deeds – Blue Imprint  
IaDCTA Fourth Place AA Rider Training Level

⌘ Lisa Royal - Santana  
USDF Champion Open Rider First Level  
IaDCTA Champion Open Rider First Level  
USDF HOY Reserve Champion  
IaDCTA HOY Third Place



⌘ Loline Voegtlin - Vienna  
USDF Champion AA Rider Second Level  
IaDCTA Champion AA Rider Second Level

⌘ Marcia Whited – Well To Do  
USDF Reserve Champion AA Rider Training Level

⌘ Melonie Manning - Arabella  
USDF Champion Jr/YR Rider First Level  
IaDCTA Champion Jr/YR Rider First Level  
IaDCTA Champion Jr/YR Rider Second Level  
IaDCTA Champion Jr/YR Rider Second Level  
Musical Freestyle  
IaDCTA Champion Pas de Deux  
USDF HOY Fourth Place  
Gold and Silver Rider Medal First Level  
Gold and Silver Rider Medal Second Level



⌘ Michelle Corwin - Diesel  
IaDCTA Reserve Champion AA Rider Training Level  
IaDCTA Champion AA Training Level Rider Test

⌘ Michelle Kalsem - Rommel  
IaDCTA Third Place Open Rider Training Level

⌘ Mickayla Frederick – Wrainier Q  
USDF Champion Jr/YR Rider Third Level  
IaDCTA Champion Jr/YR Rider Third Level  
USDF HOY Third Place  
IaDCTA HOY Fourth Place



⌘ Molly Foley – Athaena M  
USDF Third Place AA Rider Second Level  
IaDCTA Reserve Champion AA Rider Second Level  
Bronze Rider Medal Second Level

🌀 PJ Koehler - Nick

IaDCTA Champion Open Rider Introductory Level

IaDCTA HOY Fifth Place

🌀 Sarah Redling - Salty Dog

Silver Rider Medal Introductory

Bronze Rider Medal Introductory

🌀 Sabrina Wright – Badd Lady Bird

IaDCTA Champion CT Pre Beginner Novice

IaDCTA HOY CT



🌀 Sabrina Wright – SKF's Twisted Helix

IaDCTA Champion Open Rider Training

Level





☞ Sarina Moorman – Caberet Charlie

USDF Champion Jr/YR Rider Training Level

USDF Reserve Champion Jr/YR Rider First Level

IaDCTA Champion Jr/YR Rider Training Level

IaDCTA Reserve Champion Jr/YR Rider First Level

USDF HOY Champion/5<sup>th</sup> place

IaDCTA HOY Reserve Champion

Gold Rider Medal Training Level

Silver Rider Medal First Level



☞ Stacey Porter - Werelds

USDF Champion Open Rider FEI

IaDCTA Champion Open Rider FEI

USDF HOY Sixth Place

IaDCTA HOY Sixth Place

☞ Stana Hanson – Panama

USDF Champion AA Rider Training Level

IaDCTA Sixth Place AA Rider Training Level

☞ Tammy Lisi - Bonita

IaDCTA Reserve Champion Open Rider First Level

IaDCTA Champion Open First Level Rider Test

IaDCTA Champion Pas de Deux

IaDCTA Champion Quadrille



☞ Tom Lisi - Ice

IaDCTA Champion Quadrille

☞ Tom Koehler – This Magic Moment  
IaDCTA Champion AA Handler In-Hand  
IaDCTA HOY

☞ Trudy Tatum - Vahini  
IaDCTA Reserve Champion Open Rider Training Level

Thank you to all of our competitors for your continued support. We look forward to celebrating your achievements next year.

Best wishes for an outstanding year!



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## Winter Workouts and Conditioning Tips for Cold Days

Jedi Horsemanship

Posted by: David Lewis

January 4, 2011



Horses don't hibernate during the winter. They need daily exercise to stay fit and healthy.

Baby, it's Cold Outside. There is snow on the ground and ice on the roads. We are certainly feeling the full presence of winter here in the Pacific Northwest. When the mercury drops, we prefer to stay inside where it's warm and cozy, and neglect the fitness and wellbeing of our horses. We often let our horses stay in the stalls and get fat on hay. But is this really good for them? Horses don't hibernate during the winter. The exercise that you give your horse will have a direct impact on his fitness and performance for shows and other riding events come spring. Here are some tips for exercising and working with your horses during the cold winter months.

### The Importance of Fitness during winter

Horses in the wild travel more than 20 miles a day and are hardy creatures during the winter. Daily exercise is essential for the overall health of your horse year-round, and this includes winter. In the wild, horses will regularly travel more than 20 miles a day, this is important for circulation, strength of bones, muscles, tendons, ligaments and health of the hooves. Regular exercise helps keep tendons and muscles loose which helps prevent injury and lameness. Winter workouts are valuable for maintaining the health, fitness, training, and the respect of your horse. Even if riding is not appealing or impractical during the winter for you, the winter days can still be put to good use by doing groundwork exercises with your horse. This will help maintain his mental and physical fitness, as well as continue your regular training routine, and can be an excellent opportunity to develop better ground training that will directly translate to a more positive riding experience under saddle. If you are consistent with your winter exercise routine, your horse will be much better prepared for the spring shows and events.

# Optimal Winter Environment for your Horse

Horses will naturally grow a very thick winter coat that traps in a cushion of air to keep them warm, even when it is precipitating. A horse that is in normal health has a natural thick winter coat, lives outside, does not need blankets while turned out, as long as there is an area for protection from precipitation, and won't need sheets or blankets while warming up, cooling down, or working. If you have a clipped horse, in temperatures above about 20 degrees, they will remain comfortable as long as they have adequate food. For clipped horses below 20 degrees, the horse will benefit from a quarter-sheet while starting the warm-up or cool down. Horses will burn more calories during the winter to generate body heat and maintain their normal core body temperature. In all but the most extreme weather, the calorie needs of a horse generally rise only 10% – 20%.

## Footing on Snow and Ice

If you are working outside with a shod horse, use caulks or borium for traction on the ice and snow. Or use rim pads that prevent snow from balling up in their feet. Whenever possible, it is best to remove the shoes during the winter to allow proper circulation to the feet and the horse has much better traction being barefoot rather than shod. Working in snow is great for your horse and he generally won't have problems with traction. Avoid working on ice; if you can safely walk on the surface, your horse should not have of a problem with slipping. Most groundwork exercises that can be performed in dry conditions can be performed in the snow. Your horse will gain additional benefit from moving through the snow as it requires them to pick up their feet more. Riding in snow up to a depth of two feet offers excellent resistance training. As a bonus, the snow and cold decreases inflammation in the joints and tendons. Clean out the hooves before doing exercise. Compacted snow, mud and ice can cause a hoof bruise, lameness and will make it uncomfortable for the horse to walk. If there is compacted ice inside the hoof, you can carefully use a chisel to get it out. Chisels are a little sharper than hoof picks and will have an easier time getting the ice out. Cleaning out mud and manure will help prevent thrush from developing inside the hoof.

## Warm-ups during winter

Give your horse longer warm-up and cooling-out time in cold weather to prevent tendon injury. Every time you work with your horse, you should begin with a regular warm-up period to loosen the muscles and tendons, and this is especially important during the winter. Horses must be more thoroughly warmed up before strenuous exertion and allowed adequate time to cool down before being put away. 10 to 20 minutes of warm-up exercises are usually sufficient for most horses. If they are kept in stalls all day and night, they will require a longer warm up period to get them comfortable moving again. Horses that are already turned out will require less warm-up time. Many endurance trainers will combine training during warm-ups with 4-6 miles of easy trotting, or if inside an arena, 6-10 laps each direction at an extended, loose trot.

## Warm-up Exercises

- ☐ It's best to use a 14-15 foot lead rope for groundwork exercises. This allows you plenty of room without so much rope that you will get tangled up in it for closer exercises.
- ☐ Begin with 3-5 minutes of stretching at the walk, lunge the horse around you and change direction every couple of laps. Don't let the horse pull against you and race around in circles, keep their nose tipped in and their mind engaged and you will have a more effective workout and training experience with your horse. You'll also find that as you do more changes of direction, they'll pay more attention to you. You can start out with fewer changes of direction, and increase frequency as the horse gets loose.
- ☐ Next go to larger circles at a comfortable and easy trot for the next 5 minutes. Again, change directions every couple of laps.
- For the final 10 minutes of warm-ups, do smaller circles, more changes of direction, lateral movements, lunging stage 2 (stepping in front of their driveline to have them do a rollback and change directions), counter flexions, halts, back-ups, forequarter and hindquarter yielding, and change of gaits.
- ☐ The final few minutes of warm-up is really just transitioning to your normal workout routine. As you warm up, your exercises should begin slow and light and slowly intensify as the horse loosens up.



## Workouts

Although the basics of cardiovascular fitness are no different from one discipline to another, discipline-specific exercises are very important. A dressage horse, for example, will need to do a lot more lateral work, leg yields, etc. Following warm-up, transition into workouts designed to keep your horse conditioned for the type of discipline you are doing, and refining his training. “For cardiovascular fitness, regardless of the discipline, the horse needs 15 to 25 minutes of active exercise, five days a week, to maintain baseline fitness,” says Kaneps, DVM, Dipl. ACVS, co-editor of Equine Sports Medicine and Surgery. There are specific exercises that you’ll want to do for dressage, barrel racing, western pleasure, jumping, etc. Doing a lot of lateral exercises will help with overall muscle development, balance, strength and endurance in your horse, so it is important to do a lot of leg yields, hindquarter and forequarter yields, bending, circles and serpentines. This is especially important for the horses that are very straight-line movers.

☐ Slow Canter for 4-10 miles — the more miles you can put on your horse at the canter, the better their overall conditioning and fitness will be. Encouraging a slow canter is also a great way to improve their ability to conserve energy and lope. Horses are lazy by nature, a longer and consistent canter will cause them to want to conserve more energy and have a softer lope. Work on collection with these exercises as this will help build their lower back and loin muscles.

☐ Walk or trot up hills — this helps quickly build up a lot of hindquarter strength.

☐ Side-passing, bending, circles, and serpentines are a great way to improve balance and build strength in the shoulders. These exercises are also great for maintaining proper backbone and muscle alignment.

☐ It is important to work both sides evenly. Spend an equal amount of time working on each side of the horse, circles, serpentines, trotting on both diagonals, etc. to maintain even muscle development and responsiveness on each side.

## Cool down

Be sure to give your horse ample cool down time prior to returning him to his stall or turnout. A common mistake with horse owners, especially with stalled horses, is not providing proper cool down, which results in the possibility that the horse will tie-up or get the chills. During the colder winter days, a longer cool down will help ensure that their skin can dry to avoid having the horse tie-up or get the chills. Cool down increases circulation, which is important for the muscles and other soft tissue in order to clear the byproducts of exercise, this helps prevent muscle stiffness and soreness.

☐ If riding, walk the horse out for at least 10-15 minutes under saddle. Then unsaddle and continue walking to cool the horse down

- Give the horse plenty of time to stop breathing hard from exercise, if the nostrils are flared and the horse is breathing heavily, his heart is still working hard.

☐ Clipped horses will dry faster than those with a natural winter coat, however clipped horses will chill more quickly, so consider covering the hindquarters with a sweat-sheet or quarter-sheet to protect against the chills, and this will allow moisture to wick away during cool down.

☐ Continue walking the horse out until the skin is no longer hot to the touch and the skin has dried. The coat can be left damp unless you are going to put the regular blanket back on the horse for the night. Wet horses should not be put back into their overnight or daytime blankets because the trapped moisture will give them quite a chill in cold weather. Even breathable blankets don’t breathe as well as no blanket at all. Let the horse dry completely before putting their regular blanket back on.

☐ If lengthy cool downs are inconvenient, shorten the intensity or length of sweat-inducing exercises.

☐ Use a curry comb to fluff up wet hairs and then turnout the horse without a blanket. The natural winter coat on a horse provides the best insulation from the cold.

☐ Ensure the horse has plenty of hay to eat, this will help keep him warm and prevent him from getting the chills. DO NOT use a hair dryer to dry a horse, this may damage the fur and burn the skin.

## Turnout to Pasture

Horses will roll in the snow, this helps them fluff up their coat which traps in air to keep them insulated. Horses that are kept outside unblanketed 24/7 that have a natural coat will always work up a sweat during their runs, cool down is much easier and will usually take only about 10 minutes, long enough to get the heat out of their muscles and the sweat wicked away. The coat may remain wet at the hair tips, but the skin is dry. Once turned out, horses will usually go roll in the snow, this helps fluff up their coat and creates an insulating layer to keep the horse warm.

## Water

Water is the most important nutrient for your horse. During the winter, horses are more vulnerable to impact colic if they don't drink enough water. This is because the primary concern of the horse is to stay warm. If the water is too cold, they will use extra energy to replace the heat lost in the chilled water. Cold water will bring their core temperature down and they won't drink as much causing dry food to compact easier inside the large intestine. Use a tank heater or deicer to keep the temperature of the water warmer. If the water is warmer, horses will consume considerably more water which keeps their digestive tract healthy. Added bonus: You won't have to break ice every day. Give your horse an opportunity to drink warm water immediately following and during workouts. They will usually be quite thirsty and the warmer water will encourage drinking.

## Do What You Can

Do whatever you can with your horses during the winter, groundwork, walking, riding, or exercise. You and your horse will benefit from any time you spend together. If all of this sounded a bit overwhelming, or perhaps you don't even maintain that level of exercise and workouts during the warmer summer days, don't be discouraged! Anything that you can do with your horse to work with them, exercise them as much as you can, a good brisk walk will do wonders for your horse. Do some basic groundwork exercises for a few minutes, find new ways to effectively work with your horse. Even if you can only spend 10-15 minutes a day with your horse, this is better than nothing. Remember, you get out of your horse what you put in. The more time and effort you put into your horse, the more this will directly affect your performance for shows and riding experience. Most importantly, don't neglect your horse during the winter.

Happy Trails!

"The wagon rests in winter, the sleigh in summer, the horse never." ~Yiddish Proverb



D&G Photography



D&G Photography



### Gold Sponsors

*Tamarack Stables*

### Silver Sponsors

*Heck's Habitat Haven -  
Jim & Jane Heck*

### Bronze Sponsors

*Prairie Ridge Farm -  
Paula Meyer*

### Star Sponsor

*Meredith Watters*

# *Tamarack Stables*

Boarding • Clinics • Lessons  
Shows • Fun Days

Tammy Lisi, Owner & Trainer

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*We Specialize in Good Riding*





# HECKS HABITAT HAVEN

## JIM AND JANE HECK





*In Memory of*  
**Stephanie  
Visser**

*May 25-1965 to Feb 26-2014*

*Thank you for your example  
of personal courage your  
enduring spirit, infectious  
smile, and your love for  
all things equine*

*We will miss you!*

Raffle proceeds go to  
the scholarship fund  
in memory of Stephanie.





**RE: 2015 Sponsorship Opportunities Iowa Dressage Classics I & II –  
USDF/USEF Recognized Dressage Show June 13-14, 2015 - Maffitt  
Lake Equestrian Center – Cumming, IA**

*On behalf of the Iowa Dressage & Combined Training Association, I am proud to offer you the opportunity to be an active supporter of our organization. For nearly 35 years, IaDCTA has been supporting and promoting the equine sports of dressage and combined training throughout the state of Iowa and across the region. As a nonprofit organization, we rely on the support of our members, donors and sponsors to help us fulfill our mission.*

*This year we will be offering sponsors the opportunity to support multiple events through a single sponsorship package. On June 13-14, IaDCTA will be hosting the 18th Annual Iowa Dressage Classics I & II USEF/USDF-recognized horse shows. The Classics will be held at the Maffitt Lake Equestrian Center – a beautiful, state-of-the-art equestrian facility – in Cumming, IA. Every year, the number of competitors and spectators at the Classics continues to grow, drawing dressage people from states across the Midwest. Not only is this the result of the very positive feedback received by the shows but it is also evidence that interest in dressage is spreading.*

*In addition to the Classics, IaDCTA provides dressage and combined training riders more competition opportunities through our IaDCTA-Recognized Show Series, which will culminate this year with the fifth annual IaDCTA Show Series Championship. The championship show combines serious competition with entertainment, bringing in a large crowd of both horse people and the general public. Sponsors are essential to the success of our organization and we certainly appreciate how much past sponsorships have allowed us to expand and improve our events.*

*In addition to IaDCTA, your sponsorship will also bring great benefit to Wildwood Hills Ranch, a non-profit, youth-development organization in St. Charles, IA that serves Iowa's neediest children. Every year, a percentage of the profits from our events are given to Wildwood to help fund the programs it provides to make a difference in the lives of many children. Please take a few minutes to review the following sponsorship package, which explains the numerous benefits of becoming an IaDCTA sponsor. Not only are we determined to making the Iowa Dressage Classics one of the premier dressage competitions in the region, but we are even more committed to expanding the opportunity for more people to enjoy dressage and eventing. Your support of these goals is vital.*

*Thank you very much for your consideration of this request.*

*Regards,  
Tammy Lisi  
President, IaDCTA*



# Iowa Dressage & Combined Training Association

## 2015 Sponsorship Opportunities

### Platinum Sponsor—\$1,000

- Full-page, inside or back cover “thank you” in both the Iowa Classics and Championship Show programs.
- Inclusion of promotional items/materials in each competitor packet at both events.
- Two banners or other signage displayed in premium locations at both events.
- Frequent Recognition via PA system throughout the competitions.
- Complimentary vendor booth at the Championship Show.
- Premium display of logo and link on the home page of [www.iadcta.org](http://www.iadcta.org) for 6 months.
- Full-page “thank-you” in the June—December issues of *The Collection* monthly newsletter.
- Display of promotional items at the IaDCTA “Concierge” tent at all IaDCTA-managed schooling shows.

### Gold Sponsor—\$500

- Full-page “thank-you” in both the Iowa Classics and Championship Show programs.
- Inclusion of promotional items/materials in each competitor packet at both events.
- Two banners or other signage displayed in premium locations at both events.
- Frequent Recognition via PA system throughout the competition.
- Complimentary vendor booth at the Championship Show.
- Premium display of logo and link on the home page of [www.iadcta.org](http://www.iadcta.org) for 6 months.
- Half-page “thank-you” in the June—December issues of *The Collection* monthly newsletter.
- Display of promotional items at the IaDCTA “Concierge” tent at IaDCTA-managed schooling shows.

### Silver Sponsor—\$300

- Half-page “thank-you” in both the Iowa Classics and Championship Show programs.
- Inclusion of promotional items/materials in each competitor packet at both events.
- Frequent Recognition via PA system throughout the competitions.
- Complimentary vendor booth at the Championship Show.
- Display of logo and link on the home page of [www.iadcta.org](http://www.iadcta.org) for 6 months.
- Quarter-page “thank-you” in the June—December issues of *The Collection* monthly newsletter.

### Bronze Sponsor—\$150

- One-fourth page “thank-you” in both the Iowa Classics and Championship Show programs.
- Frequent Recognition via PA system throughout the competitions.
- Complimentary vendor booth at the Championship Show.
- Display of logo and link on the home page of [www.iadcta.org](http://www.iadcta.org) for 6 months.
- Business card-size “thank-you” in the June—December issues of *The Collection* monthly newsletter.

### Star Sponsor—\$75

- Business card-size “thank-you” in both the Iowa Classics and Championship Show programs.
- Frequent Recognition via PA system throughout the competitions.
- Display of logo and link on the home page of [www.iadcta.org](http://www.iadcta.org) for 6 months.
- Business card-size “thank-you” in one issue of *The Collection* monthly newsletter.

- **Class Sponsor—\$75 (Classics) - \$50 (Championship Show)**
  - Naming rights to selected class, sponsorship announced before and after class.
  - Inclusion of business card size “thank you” in show program.
- **Friend of the Shows—\$30**
  - Listing in show program as “Friend of the Show”
  - Listing on [www.iadcta.org](http://www.iadcta.org) as “Friend of the Show”



# Iowa Dressage & Combined Training Association

## 2015 Sponsorship Form

Sponsorship applications are due by **June 1**.

### How to Sponsor:

1. Complete the form below and send to Tammy Lisi. Email: [tlisi@tamarackstablesiowa.com](mailto:tlisi@tamarackstablesiowa.com); By mail: 4097 County Road X40, Anamosa, IA 52205
2. Submit payment via check or credit card using this form OR through the secure payment system on [www.iadcta.org](http://www.iadcta.org). Checks should be made payable to **IaDCTA**.
3. Artwork may be submitted via email or in hard copy. Show programs will be printed in B&W, but will be available online in color. Online newsletter and website ads in color. Full-page: 7.5" x 9.85". Half-page: 3.65" x 9.85" (vertical) - 7.5" x 4.85" (horizontal). Quarter-page: 3.65" x 4.85". Business card: 3.5" x 2". Acceptable electronic formats: PDF, JPG (at ad size), or Publisher files. Minimum of 300 dpi.

<b>Name</b>		
<b>Company/Organization</b>		
<b>Billing Address</b>		
<b>City, State, Zip</b>		
<b>Telephone</b>		
<b>Fax #</b>		
<b>E-Mail</b>		
<b>Website</b>		
<b>Payment Type:</b> <input type="checkbox"/> Check <input type="checkbox"/> Credit Card (using form below) <input type="checkbox"/> Credit Card (on website)		
<b>CC#:</b>	<b>Exp:</b>	<b>3-digit code:</b>
<b>Signature/Date:</b>		
<b>Sponsorship Level:</b>		
<input type="checkbox"/> Platinum—\$1,000 <input type="checkbox"/> Gold—\$500 <input type="checkbox"/> Silver—\$300 <input type="checkbox"/> Bronze—\$150 <input type="checkbox"/> Star—\$75		
<input type="checkbox"/> Class Sponsor—\$75 per class (Classics) - \$50 per class (Championship Show)		
# of class sponsorships: _____ Class Preference: _____		
<input type="checkbox"/> Friend of the Shows—\$30 How would you like to be listed? _____		
<b>Total Amount of Sponsorship:</b>		
<b>Additional notes:</b>		

**laDCTA 2015 MEMBERSHIP & HORSE/RIDER  
NOMINATION APPLICATION**

*Membership Year Runs December 1,  
2014 to November 30, 2015*

**Join, Renew or Donate**

**Online at**

[www.ladcta.org](http://www.ladcta.org)

*The Iowa Dressage & Combined Training Association (laDCTA) is a USDF Group Member Organization (GMO). By joining laDCTA, you automatically become a USDF Group Member. However, to become a USDF Participating Member, you must apply directly to the USDF.*

Name: \_\_\_\_\_ Email: \_\_\_\_\_

Street Address/City/State/Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_ Other Phone: \_\_\_\_\_

Referred by: \_\_\_\_\_

**> MEMBERSHIP BENEFITS:**

All Adult, Junior and Family Members of laDCTA will receive the laDCTA Collection electronically and the USDF Connection magazine. In addition, Adult, Junior and Family members are eligible for laDCTA year-end awards and will automatically become Individual Group Members of USDF. Please choose your membership type below:

\_\_\_\_\_ **Adult Membership – \$45** - Includes benefits listed above and gives the member ONE vote for laDCTA elections.

\_\_\_\_\_ **Family Membership – \$50 plus \$10 for each additional member** – Includes above benefits and TWO votes for laDCTA Elections. The primary member will be the person listed at the top of this form. The primary member's fees are included within the first \$50. Please list additional family members below at an additional cost of \$10 per member. (For example: If you are applying for a family membership as a couple, you will pay \$60. If you apply for a family membership that includes a parent and two children, it will cost \$70).

\_\_\_\_\_  
\_\_\_\_\_

\_\_\_\_\_ **Junior Membership (21 years & under) – \$35** – Includes benefits listed above, but does not include an laDCTA vote. If applying as a Junior member, please provide your age \_\_\_\_\_ and date of birth \_\_\_\_\_.

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**> YEAR-END AWARD NOMINATIONS – \$10.00** (per horse/rider combination) makes each combination eligible for laDCTA Championships, Horse of the Year Awards & Qualified Rider Awards. Please see the Member Handbook for additional information on the requirements for Year End Awards.

#1 Rider: _____	Horse Name/Breed: _____	Blanket Size: _____
#2 Rider: _____	Horse Name/Breed: _____	Blanket Size: _____
#3 Rider: _____	Horse Name/Breed: _____	Blanket Size: _____
#4 Rider: _____	Horse Name/Breed: _____	Blanket Size: _____

**> MAKING A DONATION TO laDCTA:**

**laDCTA Betsy Coester Memorial Grant Fund for Education** – Fund supports grants to individual members for tuition for educational events. If desired, donation can be made as a special gift or memorial.

Amount: \_\_\_\_\_ In Memory of: \_\_\_\_\_

**laDCTA General Fund** – Donations used to further laDCTA's commitment to educating its members.

Amount: \_\_\_\_\_ In Memory of: \_\_\_\_\_

**>> TOTAL ENCLOSED** (For Membership, Nominations & Donations): \_\_\_\_\_ Check # \_\_\_\_\_ Date: \_\_\_\_\_

Mail this form with check, payable to "laDCTA" to: Sharon Malmberg, 275 NE Sunrise Drive #18, Waukee, IA 50263, laDCTA is a 501 (c)(3) non-profit organization. All donations are tax-deductible.

# CHANGE OF HAND



## FOR SALE:



Fly Sheet– 68" (white/blue) Good condition. \$20/obo.



Air-Flow Western Saddle Pad– Dimensions: 30"x30"x1/2" thick. Green/black trim. Excellent condition. \$35/obo.



Nunn Finer No-Slip Contour Ultra Pad– 17"L. Excellent condition. \$20/obo.



6 All-purpose English Saddle Pads.  
(spine 20-21") (2 blue, 2 white, 1 black, 1 green) \$5 each or all for \$20.

Contact Chris Gutierrez (319)389-7395 or garysite42@gmail.com



**FOR SALE:** Roosli saddle. Top of the line, custom Swiss made dressage saddle. Wide tree 17-1/2". Mahogany brown, suede kneel rolls. Almost new condition. Does not fit new horse. Fittings available. \$2,500 (new \$6,000). Chris Gutierrez (319) 389-7395 or garysite42@gmail.com.



**FOR SALE:** 15 year old 16 hand bay gelding registered– American Warmblood Society (QH/TB). Shown through second level dressage. Paula Meyer 515-556-3629

## IN BRIEF

**Letters to the Board** — IaDCTA is welcoming its *Collection* readers to submit any concerns or kudos to [collectioneditor@hotmail.com](mailto:collectioneditor@hotmail.com).

**Change of Hand**— Due to members not notifying editor when items sell, all items will run for two months and then be removed unless member notifies *Collection* editor.

**IaDCTA and The Collection do not accept responsibility for statements or claims made by advertising placed in this publication. Signed articles represent the opinions of the writer and not necessarily those of the publication or IaDCTA.**

**Have a picture for the Collection?**  
**Send it to [collectioneditor@hotmail.com](mailto:collectioneditor@hotmail.com)**  
**Or [barrowcliffk@yahoo.com](mailto:barrowcliffk@yahoo.com)**

***IaDCTA Mission Statement:***

To encourage & support interest  
in dressage & combined training  
by providing:

- Educational Opportunities
- Competitions
- Information
- Acting as a liaison with  
USDF and USEA
- Marketing of all IaDCTA  
activities throughout the  
state and region.